

**Denver**  
**Meditation Group**  
 of  
**Self-Realization Fellowship**

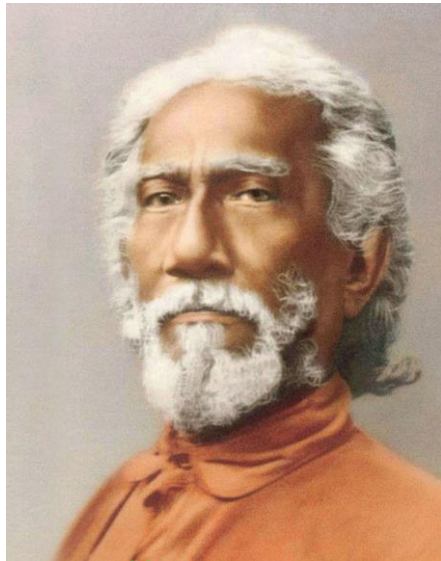
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*"When you talk, don't talk too much about yourself. Try to speak on a subject that interests the other person. And listen. That is the way to be attractive. You will see how your presence is in demand."*

- Paramahansa Yogananda  
 Where There Is Light

## Schedule of Services

April □ May □ June  
 2016



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 Web site: [www.srf-denver.org](http://www.srf-denver.org)

### Sunday Readings Schedule

#### *April*

- 3 Jesus Christ and His Teachings (II/14)
- 10 Healing by Knowing the Nature of Creation (II/13)
- 17 How to Fulfill Your Role in Life (II/16)
- 24 The Power of Concentration (II/17)

#### *May*

- 1 Sojourn in Freedom: The Astral Universe (II/18)
- 8 God's Nature in the Mother (II/19)  
*Mother's Day*
- 15 God-Mindedness: The Key to Freedom (II/20)
- 22 The Cosmic Play of Life and Death (II/21)
- 29 Success Through Superconscious Power (II/22)

#### *June*

- 5 Uniting Religion Through Practice of Yoga (II/23)  
*Father's Day*
- 12 Even-Mindedness Is Yoga (II/25)
- 19 God's Nature in the Father (II/24)  
*Father's Day*
- 26 The Science of Kriya Yoga (II/27)

### Sunday Mornings

Meditation Service	9:00 – 9:45 a.m.
Reading Service	10:00 – 11:00 a.m.
Sunday School	10:00 – 11:00 a.m.
SRF Lessons Study Group	On hold until Fall

### Thursday Evenings

Inspirational Service	7:30 – 8:45 p.m.
Prayer Service	8:45 – 9:00 p.m.

### Saturday Mornings

3-hour Meditation	8:30 – 11:30 a.m.
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### Special Services and Events

#### **Guided Meditation during Readings Service**

First Sunday each month	10:00 a.m. – 11:00 a.m.
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#### **Service Reader & Harmonium Players Meeting**

Sunday, April 10th:	11:30 a.m. – 1:00 p.m.
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#### **All-Day Retreat**

Saturday, April 30th:	8:30 a.m. – 4:00 p.m.
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#### **Day of Service**

Saturday, May 14th:	11:30 a.m. – 2:30 p.m.
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#### **Birthday of Swami Sri Yukteswar**

Thursday, May 12th:	7:30 p.m. – 9:00 p.m.
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### Fellowship Gatherings

Vegetarian potluck*	April 3, May 1, June 5
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*\*Generally held after the Readings Service on the 1st Sunday of the month*

Weekly Fellowship "tea" 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup>  
*Sundays each month following the Readings Service*

## May 14th Day of Service

Please join us on Saturday May 14th for some spring cleaning at the center from 11:30 a.m. - 2:30 p.m. and to practice a little "karma yoga."

## June 5<sup>th</sup> Special Potluck

We will be celebrating the one-year anniversary of moving into our current Garrison Street chapel location on Sunday June 5<sup>th</sup> with a special potluck social following the Readings Service. The main dishes will be catered and devotees are asked to bring salads, desserts, and drinks. Please put this date on your calendars and plan on joining the celebration of one year in our new spiritual home!

## Center Representatives Conference

The annual SRF Center Representatives Conference will be held in the Catalina Ballroom at the Bonaventure Hotel on Saturday August 6th from 12:00 - 5:00 PM, the day before Convocation. This conference is for anyone who serves or is interested in serving in SRF Temples, Centers, or a Meditation Group like ours. Please speak with a council member if you are interested in attending.

## India Night

We are considering holding a 6th annual India Night celebration later this year. A date hasn't been selected just yet. About 50 devotees have attended these events in the past, which included a potluck dinner with many traditional Indian foods and singing of traditional Indian bhajans with kirtan accompaniment. Friends and family are welcome. Please speak with a council

member if you have any questions or would like to help with the event.

## Rocky Mountain Yogi Retreat November 4-6, 2016

Please put the weekend of November 4-6 on your calendars and plan on joining us for our annual Rocky Mountain Yogi Retreat at the Franciscan Retreat Center in Colorado Springs. Please speak with Ricardo (ricardocoward@yahoo.com) if you have any questions or would like to help with the planning.

## History Corner

Following are excerpts from the book "A Paramhansa Yogananda Trilogy of Divine Love" by Sri Durga Mata regarding Swami Yogananda's 1931 trip to Colorado.

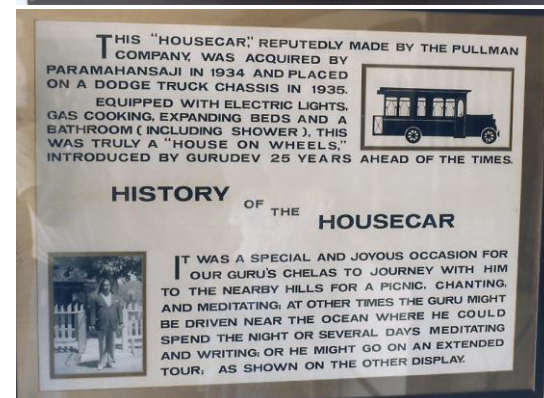
"Early in 1931, Master left Los Angeles via train for his campaign in Denver. He took the train and instructed Karla Schramm, my brother, and myself to drive the housecar and join him in Denver.

"After the classes, we drove to Colorado Springs for a vacation. Master had rented a house which was a minister's residence, who had gone on a month's leave. It was a neat, comfortable house.

"When we left, Karla and I cleaned the house thoroughly making sure we left it as neat as we had found it. Master left his "Science of Religion" book with his inscription and a thank you note for the minister and his wife. Master heard

from the minister later thanking him for the book and saying how pleased they were to find the house in better order than they had left."

The following pictures were taken of Master's "Housecar" in Encinitas, 1985.



## Picture on Front of Newsletter

Colorized picture of Swami Sri Yukteswar.

## Council Members

Please feel free to contact any of the council members with any suggestions or comments.

Coordinator	Phil Eichelberger	303-841-5316
Secretary	Nancy Netz	303-525-8358
Member at large	Xiomara Lee	626-434-5740
Member at large	Debbie Torp	303-936-0790
Member at large	Dwight Rider	303.501.2996