

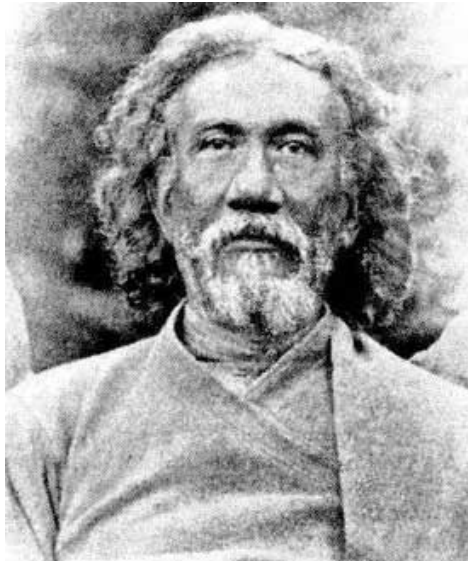
# Denver Meditation Group of Self-Realization Fellowship

*"If you have given up hope of ever being happy, cheer up. Never lose hope. Your soul, being a reflection of the ever joyous Spirit, is, in essence, happiness itself."*

- Paramahansa Yogananda  
Where There Is Light

## Schedule of Services

April □ May □ June  
2017



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Web site: [www.srf-denver.org](http://www.srf-denver.org)

### Sunday Readings Schedule

#### April

- 2 Life Energy – the Power That Heals (III/15)
- 9 The Balanced Life (III/16)
- 16 The Easter Message of Immortality (III/13)
- 23 *SRF Monastic-led Services*  
Meditation: 8:30 - 9:15 am  
Inspirational Service: 9:30 - 10:30 am  
Kriya Yoga Review Class: 11:00 am - 12:30 pm  
Closing Program / Meditation: 2:00 - 3:30 pm
- 30 Increasing the Power of Initiative (III/17)

#### May

- 7 The Dream Fabric of Life (III/18)
- 14 Mothers: Manifestations of God's Love (III/19) *Mother's Day*
- 21 The Oneness of Religion (III/20)
- 28 Eliminating the Static of Fear from the Mind Radio (III/21)

#### June

- 4 Self-Analysis: Key to the Mastery of Life (III/22)
- 11 Four Fundamental Ways to Realize God (III/23)
- 18 Spiritual Marriage (III/24) *Father's Day*
- 25 Seeing God as the Sole Doer (III/25)

### Sunday Mornings

Meditation Service	9:00 – 9:45 am
Reading Service	10:00 – 11:00 am
Sunday School	10:00 – 11:00 am
SRF Lessons Study Group	On hold until Fall

### Thursday Evenings

Inspirational Service	7:30 – 8:45 pm
Prayer Service	8:45 – 9:00 pm

### Saturday Mornings

3-hour Meditation	8:30 – 11:30 am
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### Special Services and Events

#### **Guided Meditation during Readings Service**

First Sunday each month	10:00 – 11:00 am
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#### **SRF Center Tour Events**

- Thursday, April 20: Meditation Service & Reception  
(only the Thursday service is at our Garrison St. Chapel)
- Friday, April 21: Public Lecture & Reception
- Saturday, April 22: Meditation Service  
Technique Review Classes  
Kriya Yoga Initiation
- Sunday, April 23: Services and Classes  
Closing Program

#### **Day of Service**

Saturday, April 8th:	11:30 am – 2:30 pm
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#### **Birthday of Swami Sri Yukteswar**

Thursday, May 11th:	7:30 – 9:00 pm
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#### **Fellowship Gatherings**

Vegetarian potluck\* April 2, May 7, June 4

\*Generally held after the Readings Service on the 1st Sunday of the month

Weekly Fellowship "tea" 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> Sundays each month following the Readings Service

## SRF Center Tour 2017

The Denver Meditation Group (DMG) will be hosting a Center Tour led by Brother Bhumananda (pictured below) and Brahmachari Martin (pictured at right) from the SRF Mother Center. The title of the Public lecture on Friday April 21, 2017 is: *Meditation: Awaken Your Inner Power*. The events on Friday through Sunday April 21-23 will take place at the *Sons of Italy Denver Lodge* (5925 West 32nd Avenue in Wheatridge, CO). The events at this location are as follows:



### **Friday, April 21**

7:00- 8:00 PM Public Lecture & Guided Meditation

8:00- 9:00 PM Reception

### **Saturday, April 22**

9:00 - 9:45 AM Meditation

10:00 - 11:00 AM Technique Review Class\*

11:00 - 11:30 AM Break

11:30 AM - 12:30 PM Technique Review Class\*

6:00 - 9:00 PM Kriya Yoga Initiation\*\*

### **Sunday, April 23 \*\*\***

8:30 - 9:15 AM Meditation

9:30 - 10:30 AM Inspirational Service

11:00 AM - 12:30 PM Kriya Yoga Review Class\*\*

2:00 - 3:30 PM Closing Program & Guided Meditation

\* Open to students of the Self-Realization Fellowship Lessons

\*\* Open to Kriyabans only

\*\*\* There will be no Sunday School on April 23rd due to the weekend events

The events are geared toward adults, but children age 12 and older who are Self-Realization Fellowship students may attend. We are not able to accommodate children younger than 12 at the events.

We ask that no audio or video recordings (cell phone cameras included) be made

during the events, and that still photography be limited to outdoor areas. Thank you for your cooperation.

On Thursday April 20th the monks will also lead a meditation service at our Garrison Street chapel from 7:00 - 8:00 PM. A reception will follow the meditation from 8:00 - 8:30 PM. All DMG committee volunteers are also invited to an organizational meeting with the monks from 8:30 - 9:30 PM.



We would like to thank all of you who have volunteered to serve at the various Center Tour events. It will be a great honor and blessing to serve Master's work in this way. If you have not yet volunteered to serve but would like to do so, please contact Debbie Torp or one of the other council members.

## April 8th Day of Service

Please join us on Saturday April 8th for some spring cleaning at the center from 11:30 am - 2:30 pm and to practice a little "karma yoga." We want to spruce the place up prior to the SRF Center Tour!

## Center Representatives Conference

The annual SRF Center Representatives Conference will be held in the Catalina Ballroom at the Bonaventure Hotel on Saturday August 5th from 12:00 - 5:00 PM, the day before Convocation (August 6-12, 2017). This conference is for anyone who

serves or is interested in serving in SRF Temples, Centers, or Meditation Groups like ours. Please speak with a council member if you are interested in attending.

## Sunday School Update

Sunday School will be on break July 1 - August 15. Our Sunday School provides education on the teachings of Paramahansa Yogananda for children ages 3-10. Our Sunday School activities currently are available from September through June each year from 10:00 to 11:00 AM. Classes will resume on August 20th.

## Rocky Mountain Yogi Retreat November 17-19, 2017

Please put the weekend of November 17-19 on your calendars and plan on joining us for our annual Rocky Mountain Yogi Retreat at the Franciscan Retreat Center in Colorado Springs. Please email Michael Ferris (mlferris80906@q.com) if you have any questions or would like to help with the planning.

## Picture on Front of Newsletter

Picture of Swami Sri Yukteswar. Paramahansa Yogananda called his guru the spiritual *Lion of Bengal*. You can see why in this photo.

## Council Members

Please feel free to contact any of the council members with any suggestions or comments.

Coordinator	Phil Eichelberger	303-841-5316
Secretary	Nancy Netz	303-525-8358
Member at large	Xiomara Lee	626-434-5740
Member at large	Debbie Torp	303-936-0790
Member at large	Dwight Rider	303.501.2996