

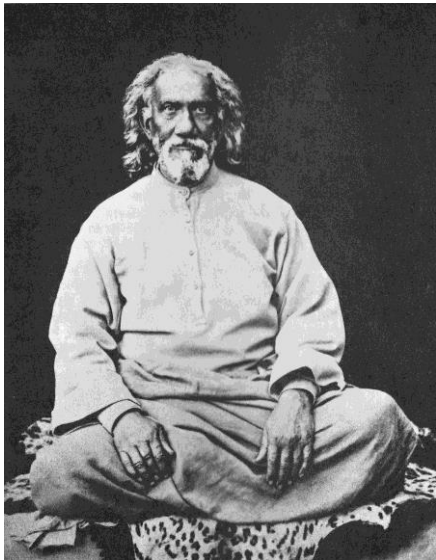
Denver
Meditation Group
 Of
Self-Realization Fellowship

"Is a diamond less valuable because it is covered with mud? God sees the changeless beauty of our souls. He knows we are not our mistakes."

- Paramahansa Yogananda
 Where There Is Light

Schedule of Services

April □ May □ June
 2019



1360 Garrison Street, Lakewood, CO 80215
 303-547-6147; Email: srfdenver@gmail.com
 Web site: www.srf-denver.org

Sunday Readings Schedule

April

- 7 How to Fulfill Your Role in Life (II/16) *
- 14 Jesus Christ and His Teachings (II/14)
- 21 The Resurrection of Christ Within You (II/15) **Easter**
- 28 The Power of Concentration (II/17)

May

- 5 Sojourn in Freedom: The Astral Universe (II/18) *
- 12 God's Nature in the Mother (II/19) **Mother's Day**
- 19 God-Mindedness: The Key to Freedom (II/20)
- 26 The Cosmic Play of Life and Death (II/21)

June

- 2 Success Through Superconscious Power (II/22) *
- 9 Uniting Religion Through Practice of Yoga (II/23)
- 16 God's Nature in the Father (II/24) **Father's Day**
- 23 Even-Mindedness Is Yoga (II/25)
- 30 The Science of Kriya Yoga (II/27)

Sunday Mornings

Meditation Service	9:00 – 9:45 AM
Reading Service	10:00 – 11:00 AM
Sunday School	10:00 – 11:00 AM
Sunday School will be on break from July 1 – August 15	

Thursday Evenings

Inspirational Service	7:30 – 8:45 PM
Prayer Service	8:45 – 9:00 PM

Saturday Mornings

3-hour Meditation	8:30 – 11:30 AM
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Special Services and Events

Guided Meditation during Readings Service

* First Sunday each month 10:00 – 11:00 AM

Family Easter Egg Hunt

Sunday, April 21st: 11:00 AM

Open House & 4th Anniversary Celebration

Sunday, April 28th: 11:00 AM

Six-Hour Meditation

Saturday April 6, May 4, & June 1: 8:30 a.m. - 3:00 PM

Birthday of Swami Sri Yukteswar

Thursday, May 9th: 7:30 – 9:00 PM

Day of Service

Saturday, May 11th: 12:00 – 2:30 PM

Fellowship Gatherings

Vegetarian potluck* April 7, May 5, June 2

*Generally held after the Readings Service on the 1st Sunday of the month

Weekly Fellowship "tea" 2nd, 3rd, 4th, and 5th Sundays each month following the Readings Service

Monastic-Led Public Outreach Event

We are very pleased to announce that Brother Balananda and Br. Jeff from the Self-Realization Fellowship (SRF) headquarters will be leading a public outreach event on Tuesday May 14th. The event will be held at the Sons of Italy Denver Lodge, 5925 W. 32nd Ave. beginning at 7:30 PM. The event will include a free lecture as well as a guided meditation on the kriya yoga teachings of Paramahansa Yogananda. Stay tuned for announcements regarding other events that the monks likely will lead at our chapel on Wednesday the 15th.

Friend and Family Outreach: The purpose of the event is to attract people to the teaching of Paramahansa Yogananda. We encourage you to attend and invite friends or family who you feel would be receptive. Personal invitations are the most effective at drawing seekers to these SRF events.

Open House Event & Fourth Anniversary Celebration

On April 28th from 1:00 - 3:00 PM we will hold an Open House event to advertise the May 14th monastic-led public outreach event. We will show the award-winning movie "*Awake: The Life of Yogananda*" and serve refreshments. We encourage you to attend the event and to bring friends or family members who are truth seekers. The event is open to the public.

Also on April 28th from 11:15 - 12:30 PM we will celebrate the 4th anniversary of the opening of our chapel on Garrison Street and thank our many volunteers. All are cordially invited to join us for lunch. The main course will be provided; members may bring salads, desserts, or drinks.

Day of Service

On Saturday May 11th we will have a Day of Service from about noon until 2:30 PM. Volunteer activities will include cleaning, gardening, and organizing. Before we begin our service, a light lunch will be provided at 11:30 AM following the 3-hour meditation. We hope you can join us.

Rocky Mountain Yogis Retreat October 4-6, 2019

The next Rocky Mountain Yogis Retreat will take place at the Franciscan Retreat Center in Colorado Springs. Please mark your calendars and look for email and website updates. Registration will start in June. We look forward to seeing many of you there.

Convocation 2019: August 4 – 10

We encourage you to join some of your fellow DMG devotees and thousands of other SRF members from around the world at the Bonaventure Hotel in Los Angeles for this year's Convocation. If you've never attended one of these events, we hope that you can make this your first of many. Included in the inspiring week are lectures, satsangas, kirtans, meditation, and pilgrimages to your favorite spiritual spots like Hollywood Temple, Lake Shrine, Mother Center, and Encinitas.

History Corner

Prior to lecturing in Denver during his August 1924 visit, Swami Yogananda visited Pikes Peak near Colorado Springs. It was on his drive up the mountain that he composed his poem *Pikes Peak*. In his book *Journey to Self-Realization* Master said, "*Nervousness is the disease of civilization. I remember when some of us were driving up Pikes Peak in Colorado. Other cars*

were speeding past us on the steep, winding grade. I thought they were hurrying to get to the mountaintop in time to see the sunrise. To my great amazement, when we arrived we were the only ones outside to enjoy the view. All the others were in the restaurant drinking coffee and eating doughnuts. Imagine! They rushed to the top and then rushed back, just for the thrill of being able to say when they got home that they had been there, and had coffee and doughnuts on Pikes Peak. That is what nervousness does."

The picture below was taken of Master and his entourage in his Maxwell car on their trip down the iconic mountain in 1924.



Picture on Front of Newsletter

Swami Sri Yukteswar, the Guru of Paramahansa Yogananda. Sri Yukteswar is a Jnanavata (incarnation of wisdom) and was born on May 10, 1855. He is the param guru of all SRF kriyabans. Yogananda called him the Lion of Bengal.

Council Members

Please feel free to contact any of the council members with your suggestions and comments.

Coordinator	Nancy Netz	303-525-8358
Treasurer	Jennifer Schofield	303-941-7219
Secretary	Edna Rascon	720-880-8126
Member at large	Steve Malkewicz	303-349-1411
Member at large	Valerie Coward	720-203-9242