

Denver
Meditation Group
 Of
Self-Realization Fellowship

"When the consciousness is kept on God, you will have no fears; every obstacle will then be overcome by courage and faith."

- Paramahansa Yogananda
 Where There Is Light

Schedule of Services

January □ February □ March
 2016



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 303-547-6147; Email: srfdenver@gmail.com
 Web site: www.srf-denver.org

Sunday Readings Schedule

January

- 3 Kriya Yoga – The royal Science of Realization (II/1)
- 10 The Art of Developing Memory (II/2)
- 17 Why Life's Tests are Thrust Upon Us (II/3)
- 24 Making the Most of Sundays (II/4)
- 31 Unite Your Will with the Infinite (II/5)

February

- 7 Satan – The Cosmic Magician (II/6)
- 14 The Inner Meaning of Self-Realization (II/7)
- 21 Curing Psychological Intoxication (II/8)
- 28 Guru – Channel of Eternal Blessings (II/9)

March

- 6 Awaken Your Power to Be Happy (II/10)
- 13 The Meaning of Reincarnation (II/11) *Daylight Savings Time begins*
- 20 Get Acquainted with God (II/12)
- 27 Healing by Knowing the Nature of Creation (II/13)

Sunday Mornings

Meditation Service	9:00 – 9:45 a.m.
Readings Service	10:00 – 11:00 a.m.
Sunday School	10:00 – 11:00 a.m.
SRF Lessons Study Group	11:30 – 12:30 p.m.

Thursday Evenings

Inspirational Service	7:30 – 8:45 p.m.
Prayer Service	8:45 – 9:00 p.m.

Saturday Mornings

3-hour Meditation	8:30 – 11:30 a.m.
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Special Services and Events

Guided Meditation during Readings Service

First Sunday each month	10:00 – 11:00 a.m.
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Birthday for Paramahansa Yogananda

Tuesday, January 5:	7:30 p.m. – 9:00 p.m.
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All-Day Meditation for Paramahansa Yogananda

Saturday, January 9:	9:00 a.m. - 4:00 p.m.
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General Meeting

Sunday, January 31:	11:45 a.m. – 12:30 p.m.
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Mahasamadhi for Paramahansa Yogananda

Sunday, March 6:	7:30 p.m. – 9:00 p.m.
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Mahasamadhi for Swami Sri Yukteswar

Thursday, March 10:	7:30 p.m. – 9:00 p.m.
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Daylight Savings Time Begins – Spring Ahead!

Sunday, March 13:	Set your clocks ahead 1 hour
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Social Gatherings

Vegetarian potluck*	Jan. 3, Feb. 7, Mar. 6
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**Generally held after the Readings Service on the 1st Sunday of the month*

Weekly Fellowship "tea" generally held on the 2nd – 5th Sundays each month Following the Readings Service

SRF Monastic Visit and Dedication of our New Chapel

We were thrilled to have Brother Sarvananda and Brahmachari Roberto conduct several special services at our chapel December 17-21, 2015. On Thursday evening they led a meditation and satsanga followed by a reception. On Friday a number of devotees joined the monks on a social outing to Crown Hill Park and Red Rocks. On Saturday the monks led our All-Day Christmas meditation accompanied by our *Rocky Mountain Yogi Kirtan Group*. Many *Rocky Mountain Yogis* from across Colorado joined in for this special occasion. The altar was beautifully decorated (see picture below). We had a record 65 devotees attend! Brother said that the stillness was the deepest that he had felt at any SRF Meditation Group All-Day Christmas Meditation, and he has

led many! A record 105 devotees attended the meditation and lecture services on Sunday, which was followed by a special service to dedicate our new chapel. It was a joyous occasion!



The special weekend was capped off by our annual Christmas party in the new chapel including a special Christmas slide show presented by Br. Roberto. Thank you Brother Sarvananda and Br. Roberto for this joyous and memorable weekend! Many thanks also to the many devotees who selflessly served and helped to make the events a success!

Successful Retreat of the Rocky Mountain Yogis

The Denver Meditation Group in collaboration with members from several Colorado SRF meditation circles completed a very successful 6th annual retreat of the "Rocky



Mountain Yogis" October 16-18, 2015 at the Franciscan Retreat Center in Colorado Springs. We had 55 devotees attend the spiritually uplifting and relaxing weekend, most of whom are shown in the picture above taken at the close of the retreat. Many thanks to all of those who helped make this event a success!

This coming fall, we will once again hold a retreat of the *Rocky Mountain Yogis*. Please stay tuned for details as they unfold.

General Meeting & Elections

We will be holding a general meeting on January 31, 2016 following the Readings Service to give everyone an update on our accomplishments this past year, to discuss plans for this coming year, and to hold elections for service readers.

As usual, our council members will be appointed by Center Department this year. To nominate someone as service reader, or you if want to volunteer yourself, please write the person's name, along with the position title on a slip of paper and place it in the suggestion box in the foyer.

If you have any issues that you would like discussed at the meeting please place these in the suggestion box or speak with a council member.

Thank You Volunteers!

We would like to take this opportunity to give a very special *Thank You* to the many

volunteers who help make the Denver Meditation Group a success such as with Sunday School, flowers, cleaning, ushers, service readers, maintenance, fellowship, communications, facilities, and with the bookroom. These devotees have enthusiastically taken on these important tasks, and we are very grateful for the services provided. Thank you volunteers!!

As Master said, "*Life should be chiefly service*" and "*Many blessings flow to those who serve this sacred work of Self-Realization Fellowship.*" **Fortunately, we have a great need for volunteers to serve!** We have a special need for people to help with ushering and cleaning. If you are interested in volunteering in any capacity please take a couple of minutes to fill out the volunteer form in the foyer and give it to a council member. Thank you!

Picture on Front of Newsletter

This picture of Brother Sarvananda and Brahmachari Roberto was taken on December 18, 2015 during an outing to Red Rocks.

Council Members

Please feel free to contact any of the council members with your suggestions and comments.

Coordinator	Phil Eichelberger	303-841-5316
Secretary	Nancy Netz	303-525-8358
Member at large	Xiomara Lee	626-434-5740
Member at large	Debbie Torp	303-936-0790
Member at large	Dwight Rider	303.501.2996