

Denver Meditation Group Of Self-Realization Fellowship

"Today I forgive all those who have ever offended me. I give my love to all thirsty hearts, both to those who love me and those who do not love me."

- Paramahansa Yogananda
Where There Is Light

Schedule of Services

January □ February □ March
2017



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Web site: www.srf-denver.org

Sunday Readings Schedule

January

- 1 None
- 8 Man – The Image of God (III/2)
- 15 Meditation – the Transcendental Way to God (III/3)
- 22 How to Rise Above Your Problems (III/4)
- 29 Habits – Your Master or Your Slave? (III/5)

February

- 5 Lord, Possess Us with Thy Love (III/6)
- 12 The Science of Affirmation (III/7)
- 19 The Dream Nature of the World (III/8)
- 26 Secrets of Success (III/9)

March

- 5 Follow the Path of the Great Ones (III/10)
- 12 Seek God Through Kriya Yoga (III/11)
Daylight Savings Time begins
- 19 How to Get Along with Others (III/12)
- 26 In God is All Happiness (III/14)

Sunday Mornings

Meditation Service	9:00 – 9:45 a.m.
Readings Service	10:00 – 11:00 a.m.
Sunday School	10:00 – 11:00 a.m.
SRF Lessons Study Group	11:30 – 12:30 p.m.

Thursday Evenings

Inspirational Service	7:30 – 8:45 p.m.
Prayer Service	8:45 – 9:00 p.m.

Saturday Mornings

3-hour Meditation	8:30 – 11:30 a.m.
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Special Services and Events

Guided Meditation during Readings Service	
First Sunday each month	10:00 – 11:00 a.m.

Birthday for Paramahansa Yogananda

Thursday, January 5:	7:30 p.m. – 9:00 p.m.
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All-Day Meditation for Paramahansa Yogananda

Saturday, January 7:	9:00 a.m. - 4:00 p.m.
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General Meeting

Sunday, January 22:	11:45 a.m. – 12:30 p.m.
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Mahasamadhi for Paramahansa Yogananda

Tuesday, March 7:	7:30 p.m. – 9:00 p.m.
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Mahasamadhi for Swami Sri Yukteswar

Thursday, March 9:	7:30 p.m. – 9:00 p.m.
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Daylight Savings Time Begins – Spring Ahead!

Sunday, March 12:	Set your clocks ahead 1 hour
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Social Gatherings

Vegetarian potluck*	Feb. 5, Mar. 5
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*Generally held after the Readings Service on the 1st Sunday of the month

Weekly Fellowship "tea" generally held on the 2 nd – 5 th Sundays each month Following the Readings Service	
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Parking Lot Update

The Denver Meditation Group (DMG) had a general meeting on October 30, 2016 to discuss options for dealing with our parking lot, which has been a very high priority ever since we purchased the property. The current parking lot surface results in dirt and mud being tracked into the chapel and back building. This is particularly a problem following a rain event and in the winter, an ongoing problem for keeping our property clean. The current parking lot also does not look appealing whereas a paved parking lot will make our property visibly attractive to the public and potential new members. A new parking surface will include striping to mark parking spots, resulting in a greater number of parking spaces. Improving our parking lot surface will also increase the value of our property.

Four options were presented by the building committee for improving the parking lot (doing nothing was not deemed to be a viable option): (1) Do some regrading and maybe add some recycled asphalt on the east end (done annually); (2) Do some regrading and add gravel over the entire lot (re-done about every 5 years plus annual maintenance); (3) paving with asphalt; (4) replace lot with concrete. The current local building fund, plus our building funds at Mother Center, are more than sufficient to cover the anticipated costs of the project with funds to spare.

We discussed the pros and cons of each of the options, including the future costs over the next 30 years. The overwhelming majority (twenty) of the devotees voted for option three, to pave the parking lot, with two devotees voting for option one.

Work on completing the project will not begin until the spring. The work will include improving our sidewalks and entrance to the chapel, making our building Americans with Disabilities Act (ADA) compatible.

SRF Center Tour April 21-23, 2017

As we announced in our last newsletter, the DMG will be hosting an SRF Center Tour next

spring. The details are being developed. Activities will include public lectures, monastic-led meditations, potluck/fellowships, and spiritual life classes. A highlight of the weekend will be kriya yoga initiation for eligible students. Please speak with a council member regarding eligibility requirements. There will be many opportunities to serve during the event. Please speak with a council member if you're interesting in serving.

Successful Retreat of the Rocky Mountain Yogis

The DMG in collaboration with members from several Colorado SRF meditation circles completed a very successful 6th annual retreat of the "Rocky Mountain Yogis" November 4-6, 2016 at the Franciscan Retreat Center in Colorado Springs. We had over 60 devotees attend the spiritually uplifting and relaxing weekend, most of whom are shown in the picture at the bottom taken at the close of the retreat. Pictured below are some of the devotees practicing the SRF Energization Exercises. Many thanks to all of those who helped make this event a tremendous success!



Next Fall we will once again hold a retreat of the *Rocky Mountain Yogis*. We hope that you can join us for an event that devotees have said has changed their lives!

General Meeting & Elections

We will be holding a general meeting on January 22, 2017 following the Readings Service to give everyone an update on our accomplishments this past year, to discuss plans for this coming year, and to hold elections for service readers. As usual, our council members will be appointed by Center Department this year. To nominate someone as service reader, or you if want to volunteer yourself, please write the person's name, along with the position title on a slip of paper and place it in the suggestion box in the foyer.

If you have any issues that you would like discussed at the meeting please place these in the suggestion box or speak with a council member.

Thank You Volunteers!

We would like to take this opportunity to give a very special *Thank You* to the many volunteers who help make the Denver Meditation Group a success such as with Sunday School, flowers, cleaning, ushers, service readers, maintenance, fellowship, communications, facilities, managing council, and with the bookroom. These devotees have enthusiastically taken on these important tasks, and we are very grateful for the services provided. Thank you volunteers!!

Picture on Front of Newsletter

Paramahansa Yogananda at age 16.

Council Members

Please feel free to contact any of the council members with your suggestions and comments.

Coordinator	Phil Eichelberger	303-841-5316
Secretary	Nancy Netz	303-525-8358
Member at large	Xiomara Lee	626-434-5740
Member at large	Debbie Torp	303-936-0790
Member at large	Dwight Rider	303-501-2996