Denver Meditation Group <sup>Of</sup> Self-Realization Fellowship

"Work on your progress with God. This is the most important of all creative thinking"

> - Paramahansa Yogananda Where There Is Light

# Schedule of Services

January <sup>¬</sup>February <sup>¬</sup>March 2019



1360 Garrison Street, Lakewood, CO, 80215 303-547-6147; Email: <u>srfdenver@gmail.com</u> Web site: www.srf-denver.org

#### Sunday Readings Schedule

### January

- 6 Kriya Yoga The royal Science of Realization (II/1) \*
- 13 The Art of Developing Memory (II/2)
- 20 Why Life's Tests are Thrust Upon Us (II/3)
- 27 Making the Most of Sundays (II/4)

### February

- 3 Unite Your Will with the Infinite (II/5) \*
- 10 Satan The Cosmic Magician (II/6)
- 17 The Inner Meaning of Self-Realization (II/7)
- 24 Curing Psychological Intoxication (II/8)

### March

- 3 Guru Channel of Eternal Blessings (II/9) \*
- 10 Awaken Your Power to Be Happy (II/10) Daylight Savings Time begins
- 17 The Meaning of Reincarnation (II/11)
- 24 Get Acquainted with God (II/12)
- 31 Healing by Knowing the Nature of Creation (II/13)

#### Sunday Mornings

Meditation Service	9:00 – 9:45 a.m.
Readings Service	10:00 – 11:00 a.m.
Sunday School	10:00 – 11:00 a.m.

#### Thursday Evenings

Inspirational Service	7:30 – 8:45 p.m.
Prayer Service	8:45 – 9:00 p.m.

#### Saturday Mornings

3-hour Meditation

## Special Services and Events

8:30 - 11:30 a.m.

opoolal ool hood and Eronio				
Guided Meditation during Readings Service				
* First Sunday each month	n 10:00 – 11:00 a.m.			
Birthday for Paramahansa Yogananda				
Saturday, January 5:	7:30 p.m. – 9:00 p.m.			
All-Day Meditation for Paramahansa Yogananda				
Saturday, January 12:	9:00 a.m 4:00 p.m.			
Six-Hour Meditation				
Saturday Feb. 2 & March	2: 8:30 a.m 3:00 p.m.			
General Meeting				
Sunday, January 27:	11:45 a.m. – 12:30 p.m.			
Mahasamadhi for Paramahansa Yogananda				
Thursday, March 7: 7:30 p.m. – 9:00 p.m.				
Mahasamadhi for Swami Sri Yukteswar				
Saturday, March 9:	7:30 p.m. – 9:00 p.m.			
Daylight Savings Time Begins – Spring Ahead!				
Sunday, March 10:	Set your clocks ahead 1 hour			
Social Gatherings				
Vegetarian potluck*	Jan. 6. Feb. 3. Mar. 3			

Vegetarian potluck\* Jan. 6, Feb. 3, Mar. 3 \*Generally held after the Readings Service on the 1st Sunday of the month Weekly Fellowship "teo;" generally held on the 2nd

Weekly Fellowship "tea" generally held on the 2<sup>nd</sup> – 5<sup>th</sup> Sundays each month Following the Readings Service

#### Blessed Christmas Services led by SRF Monastics

The Denver Meditation Group (DMG) and Rocky Mountain Yogis were blessed to have Bro. Brahmananda and Br. Kapildeo lead services at our chapel for the All-Day Christmas meditation on December 15th (attended by 85 devotees) as well as the services on Thursday the 13th and Sunday the 16th (attended by 102 devotees). We also watched the live-streaming of SRF President Bro. Chidananda's talk on the 12th and a group of devotees joined the monks for a hike in Clear Creek Park on the 14th (picutre below). At right is a group picture taken with the monks after Sunday's service and before our Christmas potluck which was followed by a satsanga with the monks. A blessed time was had by all. Many thanks to the monks for their inspirational talks and fellowship!



#### Passing of Carolyn Reid

We are very sad to announce the passing of long-time Self-Realization Fellowship (SRF) devotee and DMG member Carolyn Reid. She passed away peacefully on December 19th with family and close friends by her side. Carolyn will be missed very much. We send our love and prayers to her family, friends, and to her spirit. She is now with Master and the Great Ones.

#### **Property Updates**

At a General Meeting on October 21, 2018 DMG devotees discussed and passed a proposal to install a deck between the two buildings. A sound system was installed in early December to



allow services to be heard in the back building. We also installed internet at the Center. We are also binding our SRF magazines in our lending library and have established a retreat fund as well as a monastic visit fund.

#### **General Meeting & Elections**

We will be holding a general meeting on January 27, 2019 following the Readings Service to give everyone an update on our accomplishments this past year, to discuss plans for this coming year, and to hold elections for service readers. As usual, our council members will be appointed by Center Department. To nominate someone as service reader, or you if want to volunteer yourself, please write the person's name, along with the position title on a slip of paper and place it in the suggestion box in the foyer.

If you have any issues that you would like discussed at the meeting please place these in the suggestion box or speak with a council member.

#### Service Reader Meeting

On February 10, 2019 following the Readings Service we will have a service reader meeting in the chapel. All service readers please plan on attending. Please contact Owen if you have any questions.

#### Spring 2019 Monastic Visit

We are very happy to announce that monastics from SRF headquarters will be coming to Denver to lead a midweek public outreach program on Tuesday May 14th and Wednesday May 15th, 2019. We are currently in the process of finding a suitable location for the Public Introductory Program on May 15th. If you would like to help with the planning please contact Ricardo Coward (303-263-9880).

#### Successful Fundraisers!

Our fundraiser "Two Concerts in One" on November 10 raised over \$2,650 for the building fund! We cannot express enough our gratitude at your generosity. About 55 people attended the concert of classical wind octet music followed by music of singer/songwriter Owen Kortz.

Also, there are two items available on a donation basis: our Denver Meditation Group cookbook and handmade soaps. Come to the back building to see this lovely compilation of vegetarian recipes by our local devotees. The lavender soaps come in fun shapes like flowers, owls, unicorns, and more.

#### Picture on Front of Newsletter

Brother Brahmananda, who led the All-Day Christmas meditation at the DMG chapel December 15, 2018 as well as other services along with Brahmachari Kapildeo.

#### **Council Members**

Please feel free to contact any of the council members with your suggestions and comments.

Coordinator	Nancy Netz	303-525-8358
Treasurer	Jennifer Schofield	303-941-7219
Secretary	Edna Rascon	720-880-8126
Member at large	Xiomara Lee	626-434-5740
Member at large	Dwight Rider	303-501-2996