

*Denver*  
**Meditation Group**  
 Of  
**Self-Realization Fellowship**

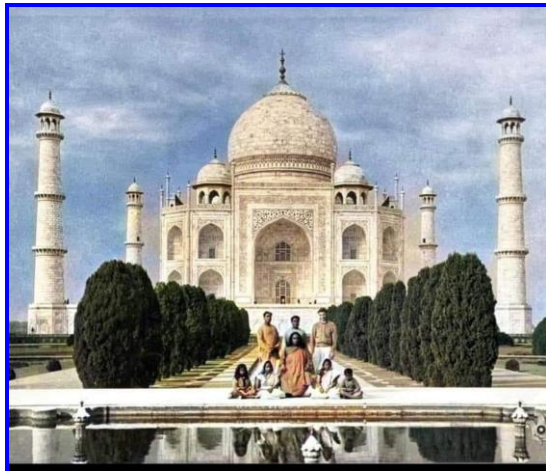
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*"The soul's nature [as individualized Spirit] is bliss; a lasting, inner state of ever-new, ever-changing joy. This bliss eternally gives unfading joy to one who attains it, even when he is passing through trials of physical suffering or death."*

- Paramahansa Yogananda  
 Where There is Light

*Schedule of Services*

January □ February □ March  
 2025



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 Web site: [www.srf-denver.org](http://www.srf-denver.org)

**Sunday Readings Schedule**

*January*

- 5 Kriya Yoga - The Bliss-Filled Path to God (I/1)\*
- 12 Faith, Belief, and Wisdom (I/2)
- 19 Power to Light Your Way (I/3)
- 26 Three Kinds of Heaven (I/4)

*February*

- 2 Vital Health Laws (I/5)\*
- 9 How Active Westerners Can Realize God (I/6)
- 16 The Necessity of Religion (I/7)
- 23 The Way to Be Happy at Will (I/8)

*March*

- 2 The Cosmic Awareness of Saints (I/9)\*
- 9 Regain Your Divine Heritage (I/10)  
*Daylight Savings Time begins*
- 16 Creating and Destroying Habits at Will (I/11)
- 23 The Secret of Spiritual Success (I/12)
- 30 Peace: The Altar of Heaven (I/13)

**Sunday Mornings**

Meditation Service	9:00 – 9:45 a.m.
Readings Service	10:00 – 11:00 a.m.
Children's Sunday School: (Ages 4 and older)	10:00 – 11:00 a.m.
Bookroom open most Sundays	After the services

**1<sup>st</sup> & 3<sup>rd</sup> Thursday Evenings**

Inspirational Service	6:30 – 7:45 p.m.
Prayer Service	7:45 – 8:00 p.m.

**2<sup>nd</sup> and 4<sup>th</sup> Saturday Mornings**

3-hour Meditation	8:30 – 11:30 AM
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**Special Services and Events**

**Guided Meditation during Readings Service**

\* First Sunday each month 10:00 – 11:00 a.m.

**Birthday for Paramahansa Yogananda**

Sunday, January 5: 11:30 a.m. – 12:30 p.m.

**All-Day Meditation for Paramahansa Yogananda**

Saturday, January 11: 9:00 a.m. – 3:00 p.m.

**Mahasamadhi for Paramahansa Yogananda**

Thursday, March 6: 6:30 – 8:00 p.m.

**Mahasamadhi for Swami Sri Yukteswar**

Sunday, March 9: 11:30 a.m. – 12:30 p.m.

**Daylight Savings Time Begins – Spring Ahead!**

Sunday, March 9: Set your clocks ahead 1 hour

**Social Gatherings**

Vegetarian potluck	Jan. 5, Feb. 2, March 2
Weekly Fellowship Tea "Meet and Greet" on other Sundays following the Readings Service	

## Service Reader Meeting

On February 23, 2025 following the Readings Service we will have a service reader meeting in the chapel. All service readers please plan on attending. Please contact Geoff if you have any questions or suggested discussion topics.

## 2025 SRF Center Tour to Denver

Most of the events and services for the April 4-6, 2025 SRF Center Tour to Denver will be held at the Denver Marriott West Hotel in Golden, located at 1717 Denver West Blvd. (303-279-9100). At present, we do not know which monastics will be leading the Center Tour. The monks may also perform weddings, vow renewals, or christenings. If interested, please contact a council member. Please stay tuned to our emails and announcements for updates.

If you are interested in staying overnight at the hotel, a limited number of sleeping rooms have been held there until March 14<sup>th</sup> at a nightly rate of \$159 (single) – \$169 (double); you can make a room reservation at the following link [Book your room for the SRF Center Tour here](#). Once all of these sleeping rooms are booked, additional rooms should be available via the [main Denver Marriott West booking](#) site. Additional hotels are also available nearby.

Please go to our [srf-denver.org/events.html](http://srf-denver.org/events.html) site for details regarding the weekend, registration for kriya initiation, as well as for links to the above hotel booking sites.

Please register for the Center Tour at the following link [Register for the Center Tour here](#) or by using the following QR code:



Please contact a council member if you are interested in serving during the events. We are particularly in need of assistance with our bookroom sales. Following is the tentative schedule of events and services:

### Thursday April 3rd: (at the DMG Chapel)

7:00 – 8:00 pm Monastic-led Inspirational service

8:00 – 9:00 pm Fellowship with light refreshments

### Friday April 4th: (Denver Marriott West)

7:00 – 8:00 pm Public lecture and guided meditation

8:00 – 9:00 pm Reception with monastics

### Saturday April 5th: (Denver Marriott West)

9:00 – 9:45 am Meditation

10:00 – 11:00 am Technique review class (for SRF students)

Break

11:30 – 12:30 pm Technique review class (for SRF students)

6:00 – 9:00 pm Kriya Yoga Initiation (for Kriyabans only)

### Sunday April 5th: (Denver Marriott West)

8:30 – 9:00 am Meditation Service

9:30 – 10:30 am Inspirational Service

11:00 – 12:30 pm Kriya Yoga review class (for Kriyabans only)

2:30 – 3:30 pm Closing satsanga & video

## Successful Member-Led Retreat

We completed a very successful member-led Retreat October 11-13, 2024 at the Franciscan Retreat Center in Colorado Springs. About 48 devotees attended the spiritually uplifting weekend, most of whom are pictured above right. Many thanks to all of the



volunteers who helped make the event a success!

## Online/Electronic Donations

Just a reminder that you can make donations online/electronically on the DMG website at [www.srf-denver.org/donations.html](http://www.srf-denver.org/donations.html). Thank you for your support!!!

## Our Center and Sunday School are Growing!!!

As you may have noticed, attendance at our services as well as in our Sunday School has been growing! That is very exciting to see!!! A special welcome to all who are new to our services; we are so glad you have joined this path in search of self realization.

Many thanks to all who serve the Denver Meditation Group! As you know, it is a blessing to serve. If you are interested in serving our group in any capacity, please contact a council member.

Peace and blessings to all of you during 2025!!

## Picture on Front of Newsletter

Paramahansa Yogananda in 1935 with his entourage at the Taj Mahal in Agra, India.

## Council Members

Please feel free to contact any of the council members with your suggestions and comments.

Coordinator	Kelly Yousem
Treasurer	Steve Malkewicz
Secretary	Kathy Corte
Member at large	Stephanie San German
Member at large	Srihari Nandyal