

*Denver*  
**Meditation Group**  
 Of  
**Self-Realization Fellowship**

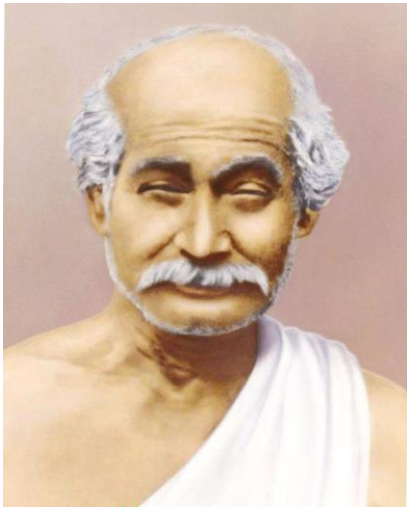
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*“Cultivate His acquaintance. It is possible to know God just as well as you know your dearest friend. That is the truth.”*

- Paramahansa Yogananda  
 Where There Is Light

## *Schedule of Services*

*July □ August □ September*  
 2018



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 303-547-6147; Email: srfdenver@gmail.com  
 Web site: www.srf-denver.org

### Sunday Readings Schedule

#### *July*

- 1 Spiritual Foundations of World Brotherhood (1/26)
- 8 Yoga Methods for Proving Reincarnation (1/27)
- 15 The Steps That Lead to God (1/28)
- 22 A Deathless Avatar (1/29)
- 29 Beholding God Amidst Life's Dualities (1/30)

#### *August*

- 5 Bring Forth Your Divine Nature (1/31)
- 12 Creation and Man (1/32)
- 19 Yoga – The Divine Science (1/33)
- 26 Make Your Mind a Temple of God (1/34)

#### *September*

- 2 Divine Selfishness – Serving One's Self in All (1/35)
- 9 Karma – The Law of Cosmic Justice (1/36)
- 16 Man's Highest Conception of God (1/37)
- 23 Realizing God in Your Daily Life (1/38)
- 30 Loyalty is the Greatest Law (1/39)

#### Sunday Mornings

Meditation Service	9:00 – 9:45 a.m.
Readings Service	10:00 – 11:00 a.m.
Sunday School	10:00 – 11:00 a.m.

**NO SUNDAY SCHOOL JULY 1 – AUG. 15**  
**BOOKROOM SALES WITH BE CLOSED IN JULY**

#### Thursday Evenings

Inspirational Service	7:30 – 8:45 p.m.
Prayer Service	8:45 – 9:00 p.m.

#### Saturday Mornings

3-hour Meditation	8:30 – 11:30 a.m.
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#### Special Services and Events

##### **Mahavatar Babaji Commemoration Day**

Wednesday July 25                      7:30 p.m. – 9:00 p.m.

##### **Janmashtami - Birthday of Bhagavan Krishna**

Sunday September 2:                      7:30 p.m. – 9:00 p.m.

##### **Mahasamadhi Service for Lahiri Mahasaya**

Wednesday September 26:                      7:30 p.m. – 9:00 p.m.

##### **Birthday of Lahiri Mahasaya**

Sunday September 30:                      12:30 p.m. – 2:00 p.m.

##### **Guided Meditation during Readings Service**

First Sunday each month                      10:00 a.m. – 11:00 a.m.

#### Social Gatherings

Vegetarian potluck\*                      July 1, Aug. 5, Sept. 2

*\*Generally held after the Readings Service on the 1st Sunday of the month*

Weekly Fellowship "tea" 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup>  
 Sundays each month following the Readings Service

## Regional Retreat September 21-23

Registration has been brisk for the Self-Realization Fellowship (SRF) Regional Retreat to be held September 21-23 at the Franciscan Retreat Center in Colorado Springs. The retreat will be led by Brother Jitananda (pictured at right) and Brahmachari Martin (pictured below) from the SRF Mother Center.



Registration for the retreat is now open. Retreat registration information is in the foyer and on the Denver Meditation Group web site ([www.srf-denver.org](http://www.srf-denver.org)). The monk-led retreats fill up quite quickly, so please register as soon as you are able. We hope that you will join us for this blessed weekend of spiritual renewal.

If you have any questions regarding the retreat please contact Michael Ferris (719-661-4409; [mlferris91311@gmail.com](mailto:mlferris91311@gmail.com)) or Carolyn Reid (303-751-8228; [carolynreid@comcast.net](mailto:carolynreid@comcast.net)). The picture below is from the last Self-Realization Fellowship regional retreat held here in 2012.

All Self-Realization Fellowship Kriyabans and Lessons Students are welcome. This retreat is a wonderful opportunity to withdraw our minds from the distractions of daily life and go within



to experience the natural solitude of the soul. Silence is an important part of the retreat and will be maintained throughout the weekend, including during meals and on the grounds.

Jesus Christ aptly described a benefit of these retreats when he said, *"For where two or three are gathered together in my name, there I am in the midst of them."* Our Guru said, *"Meditating together increases the degree of Self-realization of each member of the group by the law of invisible vibratory exchange of group magnetism."*



## SRF Convocation 2018

The Convocation will be held August 5-11 at the Westin Bonaventure Hotel in Los Angeles, CA. Included will be in-depth instruction on the science of meditation taught by Paramahansa Yogananda, "How-to-Live" classes, pilgrimage tours to shrines associated with the life and work of Paramahansa Yogananda, Kirtans and group meditations, individual counseling with SRF monastics, Kriya Yoga initiations, and more. We hope you can join the thousands of other SRF members from around the world for a profoundly inspiring week of fellowship and blessings! You can register online at [www.yogananda-srf.org/convo](http://www.yogananda-srf.org/convo).

## Center Representatives Conference

The annual SRF Center Representatives Conference will be held in the Catalina Ballroom at the Bonaventure Hotel on Saturday August 4th from 12:00 - 5:00 PM, the day before Convocation. This conference is for anyone who serves or is interested in serving in SRF Temples, Centers, or a Meditation Group like ours. Please speak with a council member if you are interested in attending.

## Thank You for Your Service!

Many thanks to all those who serve the Denver Meditation Group; we would not exist without your devoted service! If you'd like to serve in any capacity, please fill out a volunteer form in the foyer or speak with a council member. Our Guru said, *"Those who advance on this path are those who serve this work."*

## Picture on Front of Newsletter

Lahiri Mahasaya, the Param, Param Guru of all disciples of Paramahansa Yogananda.

## Council Members

Please feel free to contact any of the council members with any suggestions or comments.

Coordinator	Nancy Netz	303-525-8358
Treasurer	Jennifer Schofield	303-941-7219
Secretary	Edna Rascon	720-880-8126
Member at large	Xiomara Lee	626-434-5740
Member at large	Dwight Rider	303-501-2996