

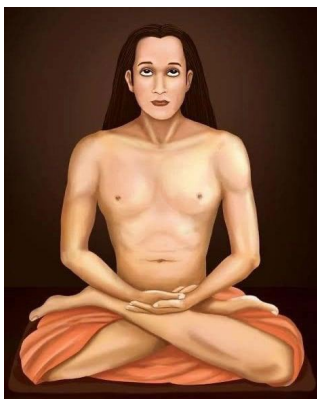
Denver
Meditation Group
 Of
Self-Realization Fellowship

"The scientific way to live is to go within yourself and ask yourself whether you are doing right or wrong and be absolutely sincere with yourself. If you are sincere with yourself, you are unlikely ever to go wrong; and even if you do, you will be able quickly to correct yourself.

- Paramahansa Yogananda
 Where There Is Light

Schedule of Services

July □ August □ September
 2023



1360 Garrison Street, Lakewood, CO, 80215
 303-547-6147; Email: srfdenver@gmail.com

Web site: www.srf-denver.org

Sunday Readings Schedule

July

- 2 Patriotism That Will Endure (II/26)
*
- 9 Whence Comes Happiness?
(II/28)
- 16 Laws of Love and Truth (II/29)
- 23 What Is the Soul? (II/30)
- 30 Devotion That Touches God
(II/31)

August

- 6 Surmounting Life's Troubles
(II/32)*
- 13 Proof of the Existence of God
(II/33)
- 20 Health Through Union with Cosmic
Life (II/34)
- 27 Man's Greatest Duty – To
Remember God (II/35)

September

- 3 What is 'Salvation'? (II/36) *
- 10 Life – A Cosmic Motion Picture
(II/37)
- 17 Hastening Human Evolution (II/38)
- 24 Finding God in Family Life (II/39)

Sunday Mornings

Meditation Service	9:00 – 9:45 a.m.
Readings Service	10:00 – 11:00 a.m.
Sunday School	None July-Aug.
Bookroom open on selected Sundays	After the services

1st & 3rd Thursday Evenings per Month

Inspirational Service	6:30 – 7:45 p.m.
Prayer Service	7:45 – 8:00 p.m.

Saturday Mornings

3-hour Meditation 2 nd & 4 th Saturdays / mo.	8:30 – 11:30 AM
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Special Services and Events

Mahavatar Babaji Commemoration Service, with Kirtan

Sunday July 23	11:30 – 1:00 p.m.
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Day of Service

Saturday July 29th:	Noon – 2:30 p.m.
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Janmashtami - Birthday of Bhagavan Krishna

Sunday September 3	11:30 – 1:00 p.m.
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Mahasamadhi Service for Lahiri Mahasaya

Sunday September 24	11:30 – 1:00 p.m.
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Birthday of Lahiri Mahasaya

Sunday October 1	11:30 – 1:00 p.m.
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Guided Meditation during Readings Service

* First Sunday each month	10:00– 11:00 a.m.
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Six-Hour Meditation

Saturday	None July – Sept.
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Fellowship Gatherings

Vegetarian potluck* July 2, Aug. 6, Sept. 3

Weekly Fellowship "Meet and Greet" *Sundays following the Readings Service, when we don't have a potluck.*

DMG Kirtan Group

It is with great joy that we recognize resumption of the Denver Meditation Group (DMG) Kirtan group!! The first service during which our group will be playing is the Babaji Commemoration service on July 23rd. We hope that you can join us!

Day of Service

On Saturday July 29th we will have a Day of Service at the Center and in the garden from about Noon until about 2:30 PM. Volunteer activities will include cleaning, gardening, and organizing. We hope you can join us to practice some karma yoga!

Convocation July 30 – Aug. 5, 2023

The 2023 Self-Realization Fellowship (SRF) World Convocation will be taking place both online and in-person this year. The in-person classes will take place at the SRF southern California Temples, instead of at the Bonaventure Hotel as in past years. It will include a satsanga with SRF/YSS President Brother Chidananda, classes on Paramahansa Yogananda's "how-to-live" teachings and meditation techniques, guided group meditations and kirtans, and more. Learn more and register for the Convocation at: <https://convocation.yogananda.org>.

We will be live-streaming the following talks from our Denver Meditation Group chapel:

- Opening program at Convocation, streamed from Denver chapel 12-1pm Sunday July 30 (after meet and greet)

- Brother Kamalananda's talk on *God in the Messenger of the Guru*, 8-9pm Thursday August 3 (after inspirational service)
- Closing talk by Brother Chidananda, 2-3pm Saturday August 5

Sunday School on Summer Break

We were very glad that our DMG Sunday School was able to resume this past year on a limited basis, holding classes on the first and second Sundays of the month. Our Sunday School is now on summer break during July and August. We will start up Sunday School for children ages 4 and older on September 10th.

Rocky Mountain Yogis Member-Led Retreat October 6-8, 2023

Registration is now open for this year's Rocky Mountain Yogis Member-Led Silent Retreat, being held once again at the Franciscan Retreat Center in Colorado Springs. The theme of this year's retreat is "*Finding Peace and Joy in Meditation*"

To register, please pick up a retreat flyer at our chapel, download it from the DMG website, or from the email sent out by the DMG managing council. Please fill out pages three and four and mail them with your check to the address provided. Please email RMYRetreat@gmail.com with any questions. We look forward to seeing many of you there.

Pictured at right are devotees practicing the energization exercises together at a recent member-led retreat at the Franciscan Retreat Center.



Thank You!!!

We sincerely thank all those who have helped with recent and ongoing Center projects including for our Building and landscaping, cleaning and decorating, gardening, etc. We greatly appreciate all of the devotees and friends who support and serve our Center throughout the year in so many ways, with your donations, gifts, participation, service, and prayers.

If you are interested in serving our group in any capacity, please contact a council member; we will enthusiastically welcome your assistance!

Picture on Front of Newsletter

Mahavatar Babaji in lotus posture.

Council Members

Please feel free to contact any of the council members with your suggestions and comments.

Coordinator	Jennifer Schofield
Treasurer	Ricardo Coward
Secretary	Veronica Booz
Member at large	Ron Torp
Member at large	Kelly Yousum