

# *Denver* *Meditation Group* *Of* *Self-Realization Fellowship*

*"We should approach our nearest problem or duty with concentrated energy and execute it to perfection. This should be our philosophy of life."*

- Paramahansa Yogananda  
Where There Is Light

## *Schedule of Services*

*July □ August □ September*  
*2025*



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## Sunday Readings Schedule

### *July*

- 6 Yoga Methods for Proving Reincarnation (I/27)\*
- 13 The Steps That Lead to God (I/28)
- 20 A Deathless Avatar (I/29)
- 27 Beholding God Amidst Life's Dualities (I/30)

### *August*

- 3 Bring Forth Your Divine Nature (I/31)\*
- 10 Creation and Man (I/32)
- 17 Yoga – The Divine Science (I/33)
- 24 Make Your Mind a Temple of God (I/34)
- 31 Divine Selfishness – Serving One's Self in All (I/35)

### *September*

- 7 Karma – The Law of Cosmic Justice (I/36)\*
- 14 Man's Highest Conception of God (I/37)
- 21 Realizing God in Your Daily Life (I/38)
- 28 Loyalty is the Greatest Law (I/39)

## Sunday Mornings

Meditation Service	9:00 – 9:45 a.m.
Readings Service	10:00 – 11:00 a.m.
Sunday School	None July-Aug. 10.
Bookroom open	After the services
most Sundays	

## 1<sup>st</sup> & 3<sup>rd</sup> Thursday Evenings

Inspirational Service	6:30 – 7:45 p.m.
Prayer Service	7:45 – 8:00 p.m.

## 2<sup>nd</sup> and 4<sup>th</sup> Saturday Mornings

3-hour Meditation	8:30 – 11:30 AM
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## Special Services and Events

### **Day of Service**

Saturday July 26	Noon – 2:30 p.m.
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### **Mahavatar Babaji Commemoration Service**

Sunday July 27	11:30 – 1:00 p.m.
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### **Janmashtami - Birthday of Bhagavan Krishna Service**

Sunday August 24	11:30 – 1:00 p.m.
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### **Mahasamadhi Service for Lahiri Mahasaya**

Sunday September 21	11:30 – 1:00 p.m.
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### **Birthday Service for Lahiri Mahasaya**

Sunday September 28	11:30 – 1:00 p.m.
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### **Guided Meditation during Readings Service**

* First Sunday each month	10:00– 11:00 a.m.
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## Fellowship Gatherings

Vegetarian potluck*	July 6, Aug. 3, Sept. 7
Weekly Fellowship "Meet and Greet" <i>Sundays following the Readings Service, when we don't have a potluck.</i>	

## **Convocation June 22-28, 2025**

The 2025 Self-Realization Fellowship (SRF) World Convocation will be taking place both online and in-person this year. The in-person classes will take place at the Westin Bonaventure Hotel in downtown Los Angeles. It will include a satsanga with SRF/YSS President Brother Chidananda, classes on Paramahansa Yogananda's "how-to-live" teachings and meditation techniques, guided group meditations, kirtans, and more. Learn more and register for the Convocation at: <https://convocation.yogananda.org>.

## **Day of Service**

On Saturday July 26th we will have a Day of Service at the Center and in the garden from about Noon until about 2:30 PM. Volunteer activities will include cleaning, gardening, and organizing. We hope you can join us to practice some karma yoga!

## **Sunday School on Summer Break**

Many thanks to all of our Sunday School teachers and assistants who made Sunday School a thriving success! We were very glad that our Sunday School was able to resume this past year on a weekly basis each Sunday.

Our Sunday School is now on summer break during July through mid-August. We will start up Sunday School for children ages 4 and older on August 18th.

## **Property Updates**

We currently are in the process of investigating options for a structure over the patio. The structure would satisfy two main needs for the group. First, our Sunday School

has been growing and is in need of additional meeting space. Also, the structure would provide the group with a fellowship area that we could use during our monthly potucks and weekly fellowship teas. Our vision is that the structure would have heating and cooling making it available all-year around. Stay tuned for more information.

A new door has been installed on the north side of the back building, replacing the old door that was problematic.

## **Expanded Bookroom Hours**

The Council is making an effort to try and have the bookroom open on most Sundays and we need volunteers to make this happen! If you have an interest in helping in the book room or serving in this way, please let us know!

## **Rocky Mountain Yogis Devotee-Led Retreat October 10-12, 2025**

Registration is now open for this year's Rocky Mountain Yogis Devotee-Led Silent Retreat, being held once again at the [Franciscan Retreat Center](#) in Colorado Springs. The theme of this year's retreat is "*Silence: Doorway to God.*"

To register, please pick up a retreat flyer at our chapel, from the DMG website, download it from the email sent out by the

DMG managing council, or register online [here](#). Please email RMYRetreat@gmail.com with any questions. We look forward to seeing many of you there!

Pictured below are devotees who attended the 2024 devotee-led retreat at the Franciscan Retreat Center.

## **Thank You!!!**

We sincerely thank all those who have helped with recent and ongoing Center projects including for our Building and landscaping, cleaning and decorating, gardening, etc.

If you are interested in serving our group in any capacity, please contact a council member; we will enthusiastically welcome your assistance!

## **Picture on Front of Newsletter**

Sunday School puppet show May 18, 2025.

## **Council Members**

Please feel free to contact any of the council members with your suggestions and comments.

Coordinator	Kelly Yousem
Treasurer	Steve Malkewicz
Secretary	Kathy Corte
Member at large	Srihari Nandyal
Member at large	Stephanie San German

