

denver
Meditation Group
 Of
Self-Realization Fellowship

"Everything you do should be done with peace. That is the best medicine for your body, mind, and soul. It is the most wonderful way to live."

- Paramahansa Yogananda, in
 Where There Is Light

Schedule of Services

October □ November □ December
 2017



1360 Garrison Street, Lakewood, CO, 80215
 303-547-6147; Email: srfdenver@gmail.com
 Web site: www.srf-denver.org

Sunday Readings Schedule

October

- 1 A Yogi-Christ and His Way to Salvation (III/39)
- 8 Live in Constant Remembrance of God (III/40)
- 15 Healing Body, Mind, and Soul (III/41)
- 22 How to Read Character (III/42)
- 29 The Scientific Art of Living (III/43)

November

- 5 Yoga for Westerners (III/44)
- 12 How to Dissolve the Causes of War (III/45)
- 19 *Retreat of the Rocky Mountain Yogis – FRC, Colorado Springs*
- 26 How to Attune with Divine Will (III/47)

December

- 3 Understanding the Unreality of Matter (III/48)
- 10 The Three Instruments of Knowledge (III/49)
- 17 Four Kinds of Men (III/50)
- 24 Happiness Through Attunement with Christ (III/51)
- 31 Higher Achievements in the New Year (III/52)

Sunday Mornings

Meditation Service	9:00 – 9:45 a.m.
Reading Service	10:00 – 11:00 a.m.
Sunday School	10:00 – 11:00 a.m.

Thursday Evenings

Inspirational Service	7:30 – 8:45 p.m.
Prayer Service	8:45 – 9:00 p.m.

Saturday Mornings

3-hour Meditation	8:30 – 11:30 a.m.
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Special Services and Events

Rocky Mountain Yogi Retreat

Fri. - Sun, Nov. 17-19: [Franciscan Retreat Center](#)

Daylight Savings Time Ends – Fall Back!

Sunday, November 5: **Set your clocks back 1 hour**

All-Day Christmas Meditation Service

Saturday, December 16: 9:00 a.m. – 4:00 p.m.

New Year's Eve Meditation

Saturday, December 31: 11:30 p.m. – 12:15 a.m.
Chapel open at 10:00 PM for personal meditation

Guided Meditation during Readings Service

First Sunday each month 10:00 a.m. – 11:00 a.m.

Social Gatherings

Vegetarian potluck* Oct. 1, Nov. 5, Dec. 17

**Generally, after the Readings Service on the 1st Sunday of the month*

Weekly Fellowship "tea" 2nd, 3rd, 4th, and 5th
 Sundays each month following the Readings Service

Property Updates

Paving of the parking lot is still a top priority. This project has been approved by Mother Center and the City of Lakewood. We are working with the contractor to get the work completed this fall. Due to hail damage from the storm last May, we also need replace the roof of both the chapel and back building. We anticipate that this work also will be completed this fall.

Fund Raiser: Two Concerts for One Cause

Please join us for a special concert Saturday October 21st from 4:00-6:00 PM at the Denver Meditation Group (DMG) chapel, 1360 Garrison St. Proceeds from the event will support the DMG Building Fund and the projects mentioned above. The classical music portion of the concert will feature a wind octet, with musicians who perform professionally in Denver's finest groups including our very own Debbie Torp and Ron Torp. The second half, featuring songs by professional guitarist/singer/songwriter Owen Kortz and friends, will be a soulful treat to lovers of the folk genre. The suggested donation is \$30 (children are free). Light refreshments will be served.

Rocky Mountain Yogis Retreat November 17-19, 2017

Please put the weekend of November 17-19 on your calendars and plan on joining us for our annual Rocky Mountain Yogis Retreat at the Franciscan Retreat Center in Colorado Springs. This facility has a beautiful, quiet campus located in the hills on the west side of Colorado Springs. There are paths for hiking with beautiful views. Cost for the weekend retreat will be \$210. This includes two nights lodging, 6 meals, as well as the retreat itself. All meals will be vegetarian.

Retreat registration information is in the foyer and on the DMG web site. If you have

any questions regarding the retreat please contact Michael Ferris (719-661-4409; mlferris80906@q.com) or Carolyn Reid (303-751-8228; carolynreid@comcast.net). *The picture below was taken at last years retreat.*



Sri Mrinalini Mata in Memoriam

On August 3, 2017, our beloved sanghamata and president, Sri Mrinalini Mata, peacefully left this world for the eternal realm of bliss and freedom in Spirit. A guiding light of wisdom, love, and understanding for the hundreds of thousands of truth seekers whose lives have been transformed by the teachings of Paramahansa Yogananda, Sri Mrinalini Mata dedicated herself to serving the Guru's spiritual and humanitarian work for more than seventy years. A pure exemplar of unconditional devotion and service to our Guru, and of profound attunement with his wisdom and ideals, this exalted soul illuminated the way for countless devotees worldwide to dwell always in the light and love of God.

Sri Mrinalini Mata will be forever remembered as one of Paramahansaji's foremost direct disciples. She was among the select group personally trained by him to carry on the work of Self-Realization Fellowship/Yogoda Satsanga Society of India after his passing, and became the fourth president of SRF/YSS in 2011. She succeeded

Sri Daya Mata, who served in this role from 1955 until her passing in 2010. She also served as editor-in-chief of SRF/YSS publications, responsible for bringing to publication the teachings of Paramahansa Yogananda—a role

for which she was trained by Paramahansaji himself and which she held until the end of her life. Prior to assuming the presidency, Mrinalini Mata served as SRF vice president for forty-five years, closely assisting Sri Daya Mata in the overall guidance of the SRF/YSS monastic order and overseeing the numerous activities and services the society provides each year.

Please join us as we send our hearts' love and gratitude to our beloved Sri Mrinalini Mata. May her life of selfless service, friendship, and loyalty inspire you "to allow God and Guru," as she counseled, "to mold your life to express fully the divine image within you." Additional memorials for Sri Mrinalini Mata are on the following SRF web site: [https://www.yogananda-srf.org/lineageandleadership/SMM/Sri_Mrinalini_Mata_In_Memoriam_\(May_8,_1931_-_August_3,_2017\).aspx](https://www.yogananda-srf.org/lineageandleadership/SMM/Sri_Mrinalini_Mata_In_Memoriam_(May_8,_1931_-_August_3,_2017).aspx).

Picture on Front of Newsletter

Our late, beloved President of Self-Realization Fellowship, Sri Mrinalini Mata.

Council Members

Please feel free to contact any of the council members with any suggestions or comments.

Coordinator	Phil Eichelberger	303-981-1966
Secretary	Nancy Netz	303-525-8358
Member at large	Xiomara Lee	628-434-5740
Member at large	Debbie Torp	303-936-0790
Member at large	Dwight Rider	303-501-2996